

BOSPHORUS INTERNATIONAL PRESCHOOL

MENU MAY 2026

MAY 04-08			
Monday	Omelet, cucumbers bread	Lentil vegetable casserole, rice, yogurt, carrot salad	Vegetable platter, cheese cubes, raisins
Tuesday	Simit, cheese cubes, tomatoes	Turkey vegetable bake, cracked wheat rice, zucchini patties, dip (haydari)	Apple oatmeal cookies
Wednesday	Scrambled eggs, bread	Spinach soup, margarita & vegetable pizza, shepherds salad	Fruit salad
Thursday	Cheese on toast	Meatballs in sauce, mashed potatoes, green beans in sauce	Mixed fruit, dried apricots
Friday	White cheese, olives, cucumbers, bread	Lentil soup, pasta & tomato basil sauce, cheese, steamed broccoli	Fruit yogurt
MAY 11-15			
Monday	Omelet, tomatoes, bread	Bean vegetable casserole, rice, yogurt	Humus, vegetable sticks, pita bread
Tuesday	Watermelon, feta cheese, bread	Roast turkey, cracked wheat rice, spinach in sauce	Carrot cake
Wednesday	Cheese on toast, cucumbers	Broccoli soup, cheese pie, carrot parsley salad, yogurt	Fruit salad
Thursday	White cheese, olives, tomatoes, bread	Stuffed peppers & zucchini, baked potatoes, yogurt, tomato salad	Strawberries, apples, raisins
Friday	Simit, cream cheese, cucumbers	Carrot soup, pasta & tomato cream sauce, cheese, shepherds salad	Fruit slices, yogurt, honey
MAY 18-22			
HAPPY SPORTS DAY!			
Monday	Omelet, cucumbers, bread	Sports Day: Sandwiches, vegetable sticks, dip, ice-cream	Fruit salad
Tuesday	SCHOOL CLOSED	SPORT & YOUTH	BAYRAMI
Wednesday	Cheese on toast, tomatoes	Pea and vegetable casserole, rice, yogurt, shepherds salad	Crepes, cream, honey, strawberries
Thursday	Simit, cream cheese, cucumbers	Turkey vegetable casserole, cracked wheat rice, zucchini au gratin	Watermelon, feta cheese, bread
Friday	White cheese, olives, tomatoes, bread	Ezo gelin soup, mincemeat pasta bake, spinach salad	Fruit slices, yogurt, honey

25 – 29 MAY KURBAN BAYRAM SCHOOL CLOSED

H A P P Y B A Y R A M !